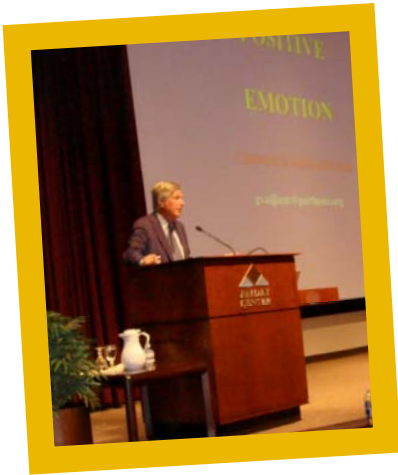


NORTH CAROLINA PSYCHOANALYTIC FOUNDATION

Look What We Accomplished in 2009 With *YOUR* Support!

500+ people in total attended 2 world class events. Drs. George Vaillant and Dan Ariely spoke at the Eighth Annual Public Lecture entitled *It's My Life: Adapting in Changing Economic Times* and the *Back Off Bully* Conference featured Drs. Peter Fonagy and Stuart Twemlow.



*Dr. George Vaillant
8th Annual Public Lecture*

Established Peaceful Schools-NC at Carolina Friends Middle School and Central Park School for Children in Durham. Over 50 teachers, staff, parents and students trained in a comprehensive model of how to create a peaceful, anti-bullying school environment. 400 K-8 students now have a safer daily learning environment.

Increased public awareness of psychoanalytic ideas through 6 different media spots in the News and Observer, Channel 14, WRAL and UNC-TV.

Partnered with the NC Psychoanalytic Society outreach programs to help advance psychoanalytic ideas to over 350

people who attended the MindPlay discussions at Playmakers and the Academic Lecture with Dr. Charles Strozier.

*Dr. Harold Kudler
MindPlay discussion at
Playmakers*



Granted over \$2,500 in awards and scholarships to the recipients of our David Raft Fellowship promoting psychoanalytic education, the Journalism Prize promoting community awareness and the Open Sky Aikido scholarship promoting the healthy development of local children. NCPF has also established the Psychoanalytic Loan Fund to support psychoanalytic study through the Psychoanalytic Education Center of the Carolinas.



*Michael Heubel
Teen Multi Media Contest Winner*

Promoted Psychoanalysis in the state of NC through our display tables at the Walk for Hope in Raleigh and the Mental Health Association of NC conference, and attendance at the annual NC Center for Non Profits' statewide conference.

Informed professionals and the public of valuable outreach on mental health issues and activities through 65 email announcements reaching over 950 subscribers.

Launched our 1st Teen Multi Media Contest allowing us to hear what middle school and high school students think about Bullying. The 2 winning entries were presented at the Back Off Bully Conference in October 2009.



*Sarah Uzenoff
2009 David Raft Fellow*

Our work has just begun!

Together we have impact! Together we build community!

What is your role in the psychoanalytic community?

As a *Friend of NCPF*, you play an important role. Your donation enables NCPF to *Inform, Apply* and *Support* both the psychoanalytic community and the community at large.

Membership contributions are unrestricted and will be used to support and produce programs, such as the Annual Public Lecture and Peaceful School-NC, provide outreach to mental health professionals and the public through regular e-mail announcements and ensure that psychoanalysis is always taught and practiced in North Carolina.

Your gift of:

\$1,000 will fund the Journalism Prize or Raft Fellowship for one year.

\$500 will provide five children a safer daily learning experience in a school that has been trained with the Peaceful Schools-NC program.

\$300 will train and support one teacher, school staff member, or parent in our Peaceful Schools-NC comprehensive model to create a bully-free school environment.

\$150 will include you personally in our special post-lecture reception to meet and speak with our esteemed Annual Public Lecturer as well as provide discounted attendance to the lecture itself.

\$100 will sponsor three psychiatric residents to learn how psychoanalytic concepts can be applied to important mental health issues at our day-long Annual Public Lecture.

\$50 will introduce seven people to psychoanalytic concepts at a MindPlay post-performance discussion at PlayMakers.

May I direct my gift to a specific program or activity?

Yes you may. Simply indicate your choice on your check or in the comments section if you renew online.

Support the Psychoanalytic Education Center of the Carolinas by contributing to one of these funds:

- **David Raft Community Outreach and Education Endowment**-*\$1,250 fellowship to support psychoanalytic training at the Psychoanalytic Education Center of the Carolinas*
- **Psychoanalytic Loan Fund**-*provides loans to psychoanalytic candidates who are in training through the Psychoanalytic Education Center of the Carolinas.*

Other specific programs include:

- **Peaceful Schools-NC**-*an evidence-based intervention, tailored to the resources and requirements of each participating school, which will reduce bullying, advance school safety, and enhance collaboration among all school community members.*
- **NCPF Journalism Student Award**-*provides a \$1,000 student award that recognizes and encourages outstanding journalism that promotes mental health and contributes to the understanding of psychoanalysis among the general public.*
- **Communications & Marketing** – *email announcements, website, advertising*
- **Open Sky Children's Scholarship Fund**-*supports financially needy/at risk children who can benefit from conflict resolution training through the Open Sky Aikido School of Martial Arts*



Creating a More Resilient Community