

# The North Carolina Psychoanalytic Society and The North Carolina Psychoanalytic Foundation

present

## Keeping a Child's Mind in Mind: Prevention and Treatment of Psychological Problems Based in Early Childhood

Workshop for Mental Health Professionals 10am–1pm

### Treating Borderline Personality Disorder

and

NCPF Sixth Annual Public Lecture (open to the general public) 3–5pm

### Helping Children Develop Secure Relationships

**Saturday, February 24, 2007** The UNC Friday Center, Chapel Hill, North Carolina

**Distinguished Speaker** Peter Fonagy, PhD, FBA, Freud Memorial Professor of Psychoanalysis, University College, London, and Chief Executive, Anna Freud Centre, London.

#### Treating Borderline Personality Disorder

**Workshop for Mental Health Professionals** (10am–1pm)

Discover a powerful approach to understanding and treating borderline personality disorder. The approach stems from empirical research on how social understanding emerges from early attachment relationships.

**Networking Lunch** (optional, 1:15–2:30pm) Hosted by the NCPS at the Friday Center.

#### Helping Children Develop Secure Relationships

**NCPF Sixth Annual Public Lecture** (3–5pm)

Learn how early relationships, particularly the caregiver's capacity to see the child as a thinking, feeling, and mindful, separate person, influence the development of a child's cognitive and emotional potential.

#### Target Audience

Mental health professionals, parents, grandparents, child care professionals, teachers, health professionals, clergy, and anyone who cares for and helps to raise children.

**Learning Objectives** Upon completion of this 5-hour program, participants should be able to:

- Relate key aspects of severe personality disorder to the person's attachment history and evolving social understanding during childhood.
- Define the concept of "mentalization" and utilize clinical strategies to strengthen this essential capacity.
- Develop interventions—built on an understanding of the borderline patient's limited capacity for relating—which promote a healthier, more robust and adaptive mentalizing capacity.
- Trace the route by which disorganized attachment creates vulnerability to traumatic experiences.
- Frame interventions that increase resilience in the face of stress.
- Understand developmental challenges faced by children and ways of helping them.

**Donor Reception** for an additional \$100 contribution, you can join Peter Fonagy for a private reception, 5:30–7pm, at the Weathervane Restaurant of A Southern Season in Chapel Hill. Proceeds support NCPF programs.

#### Registration Deadline: February 16, 2007

**Register online at [www.ncpsychoanalysis.org](http://www.ncpsychoanalysis.org)** or complete the mail-in form below. Tickets purchased in advance will be held at the registration desk. Call (919) 847-2323 for ticket availability after deadline.

#### CME and CE CREDITS (5 CE/CME credit hours)

Psychologists and Physicians attending 100% of the program will receive credit for 5 continuing education contact hours. Letters of attendance will be provided to other professionals.

This activity has been planned and implemented in accordance with the Essentials Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of The American Psychoanalytic Association (APA) and the North Carolina Psychoanalytic Society. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians and takes responsibility for the content, quality, and scientific integrity of this CME activity. The American Psychoanalytic Association designates this educational activity for a maximum of 5 hours in category 1 credit towards the AMA Physician's Recognition Award. Each physician should claim only those hours of credit that he/she actually spent in the educational activity. Disclosure information is on record indicating that participating faculty members have no significant financial relationships to disclose.

The North Carolina Psychoanalytic Society is approved by the American Psychological Association to offer continuing education for psychologists. The North Carolina Psychoanalytic Society maintains responsibility for the program.

#### Directions

The Friday Center is located approximately three miles east of the UNC-Chapel Hill campus, on the south side of Highway 54. The Center is near Interstate 40 (from Raleigh, I-40 exit 273A; from Greensboro, I-40 exit 273). For map, visit [www.fridaycenter.unc.edu](http://www.fridaycenter.unc.edu).

#### Information

For more information, email [info@ncpsychoanalysis.org](mailto:info@ncpsychoanalysis.org) or call (919) 847-2323. Tickets purchased in advance will be held at the registration desk. **For lecture information and online registration, visit [www.ncpsychoanalysis.org](http://www.ncpsychoanalysis.org).**

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## Keeping a Child's Mind in Mind

Please print clearly

#### Registration Fees

- \_\_\_\_\_ Full Day Workshop and Lecture, 5 CE/CME (10am–5pm): \$125  
\_\_\_\_\_ Networking Lunch (1:15–2:30pm): \$12  
\_\_\_\_\_ Public Lecture only (3–5pm): \$20 (\$25 at door)  
\_\_\_\_\_ Donor Reception (tax-deductible): \$100  
\_\_\_\_\_ TOTAL

#### Deadline

To guarantee space, registration must be received by **February 16, 2007**. To check space availability after deadline, call (919) 847-2323. Tickets will be held at the registration desk. A 75% refund will be given if requested by February 16.

#### Please return this form with payment to:

North Carolina Psychoanalytic Foundation  
901 Paverstone Drive, Suite 11  
Raleigh, NC 27615

Name: \_\_\_\_\_ Degree: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Email: \_\_\_\_\_  
Telephone: \_\_\_\_\_  
Occupation: \_\_\_\_\_

#### Form of Payment

Enclosed Check payable to NC Psychoanalytic Foundation  
 Credit Card  Visa  MasterCard Exp. Date: \_\_\_\_\_  
Account Number: \_\_\_\_\_  
Name (as it appears on card): \_\_\_\_\_  
Zip Code (for credit card billing address): \_\_\_\_\_  
Signature: \_\_\_\_\_

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Distinguished Speaker  
Peter Fonagy, PhD, FBA

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10am–5pm  
The Friday Center, UNC Chapel Hill

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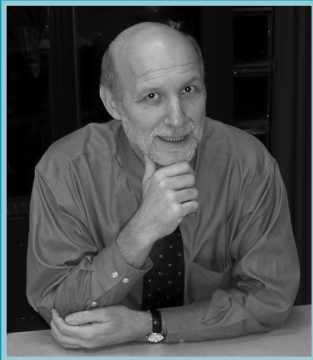
**Peter Fonagy, PhD, FBA**

on

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Workshop for Mental Health Professionals and  
NCPF Sixth Annual Public Lecture (open to the general public)

**Saturday, February 24, 2007    The UNC Friday Center, Chapel Hill, NC**



**Peter Fonagy, PhD, FBA**, is an internationally renowned psychoanalyst and expert in attachment theory whose research is the basis for new treatment strategies for people with borderline personality disorder. He will illuminate how children form attachments to important adults, shaping how the child learns to anticipate and understand the thoughts and feelings of others. Problems in childhood attachments may lead to enduring problems in later relationships. Dr. Fonagy will discuss the crucial role parents, caregivers and therapists can play in building and repairing the capacity for secure relationships.

Space is Limited    Register Early

Tickets will be held at the Registration Desk

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to:

North Carolina Psychoanalytic Foundation  
901 Paverstone Drive, Suite 11  
Raleigh, NC 27615

Please make checks payable to:  
North Carolina Psychoanalytic Foundation

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Sponsored by:

**Assad Meymandi, MD, PhD, DLFAPA**

Adjunct Professor of Psychiatry  
UNC School of Medicine at Chapel Hill

The Carroll Butts Heins Endowment at



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