

BACK FROM THE WAR: Psychological Needs of the Returning Combat Veteran

Third Annual Public Lecture and **NEW** Workshop for Mental Health Professionals

Saturday, March 6, 2004

The UNC Friday Center, Chapel Hill, North Carolina

10am–1pm: Diagnosis, Psychotherapy and Medication for PTSD

3pm–5pm: Reintegration into the Family and Community (Open to the Public)

Distinguished Speaker

Jonathan Shay, MD, PhD

The North Carolina Psychoanalytic Foundation is pleased to present celebrated speaker and writer, Jonathan Shay, MD, PhD. Educated at Harvard and the University of Pennsylvania, Dr. Shay is a psychiatrist for the Department of Veterans Affairs in Boston and a renowned expert on the treatment of psychological and spiritual injury suffered by combat veterans.

Target audience for the five-hour workshop is mental health professionals. The 3–5pm lecture is also open to the general public, veterans, active military and their families.

Learning Objectives

Upon completion of this workshop, participants should be able to:

- Recognize symptoms and behaviors of posttraumatic stress disorder (PTSD).
- Describe the unique experience of PTSD in the soldier and combat veteran.
- Identify appropriate therapies for treating individuals suffering from PTSD.
- Identify specific individual, family and community interventions for treating PTSD in the soldier and combat veteran.
- Explain the role of medications (prescription and over-the-counter) in treating PTSD.

CME and CEU Credits

Southern Regional AHEC will award 0.5 CEU's (5 contact hours) for those attending 100% of the program. Southern Regional AHEC adheres to NBCC Continuing Education Guidelines, Provider #5362. Physicians may earn 5 hours in Category 1 credit toward the AMA Physician's Recognition Award. NC Psychologists may earn 5 contact hours (Category A). Application has been made to NCSAPCB for 5 hours of Substance Abuse General Skill-Building credit. Letters of attendance will be provided by the NCPF for all other participants.

Directions

Program approximately three miles east of the UNC-Chapel Hill campus, on the south side of Hwy 54. The Center is a short distance from Interstate 40 (from Raleigh, I-40 exit 273A; from Greensboro, I-40 exit 273).

Full Day Workshop for mental health professionals \$100

Morning Session: 10am–1pm

Individual and Group Treatment Focus*

Lunch: On your own in Chapel Hill

Afternoon Session: 3–5pm

Family and Community Focus

*Morning session will be co-taught with Harold Kudler, MD, Associate Clinical Professor, Duke University Medical Center, and Co-Chair, VA Under-Secretary's Special Committee on PTSD.

Registration deadline: February 27, 2004

Third Annual Public Lecture 3pm–5pm

The afternoon session of the workshop, *Back From The War: A Program for Combat Veterans and the People Who Care For Them*, is focused on helping the veteran return to family and community and is open to the public. Members of the general public may call or visit our website for registration information. Tickets \$15 advance; \$20 at the door. Ticket price reduced for veterans, active military and their family members \$10 advance purchase; \$15 at the door.

Donor Reception additional \$100 tax-deductible contribution per person. Join Dr. Shay for a private reception from 5:30-7:30pm at the Aurora Restaurant in Chapel Hill. Proceeds will support the Foundation's community education programs. Please reserve your tickets for the reception by **February 27, 2004**.

Information

For more information or to receive additional copies of this brochure, call **(919) 847-2323** or email **info@ncpsychoanalysis.org**. Tickets purchased in advance will be held at the registration desk.

Website

Visit **www.ncpsychoanalysis.org** for printable registration form and information about workshop and public lecture.

Sponsors

Assad Meymandi, MD, PhD, DLFAPA, Honorary Chairman
Southern Regional AHEC
Forest Pharmaceuticals, makers of Lexapro

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BACK FROM THE WAR: Psychological Needs of the Returning Combat Veteran

Fees (Please complete one form per person)

_____ Full Day Workshop (10am–5pm): \$100

_____ Public Lecture only (3–5pm): \$15
(\$20 at the door)

_____ Public Lecture for active military,
veterans, and family: \$10 (\$15 at the door)

_____ Donor Reception: \$100

_____ **TOTAL**

Deadline

To guarantee space, registration must be received by **February 27, 2004**.

Call **(919) 847-2323** to check space availability after deadline. Tickets purchased in advance will be held at the registration desk.

Name & Degree: _____

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Account Number: _____

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The North Carolina Psychoanalytic Foundation
presents

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Distinguished Speaker,
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and NEW Workshop for Mental Health Professionals**

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Jonathan Shay, MD, PhD, is the critically acclaimed author of *Achilles in Vietnam: Combat Trauma and the Undoing of Character* and *Odysseus in America: Combat Trauma and the Trials of Homecoming* (with joint Foreword by Senators John McCain and Max Cleland). In this program, Dr. Shay will illuminate the nature of catastrophic war experiences and the psychological obstacles combat veterans face in returning to civilian life. Participants will learn individual, family and community approaches to assisting the returning veteran and hear Dr. Shay's practical call for prevention of psychological and moral injury in military service.

Space is Limited
Register by February 27, 2004

Tickets will be held at the Registration Desk.

Return this form with payment by **February 27** to:
North Carolina Psychoanalytic Foundation
7474 Creedmoor Road #107
Raleigh, NC 27613

Please make checks payable to:
North Carolina Psychoanalytic Foundation

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