

PSYCHOANALYTIC TRAINING IN NORTH CAROLINA MARKS 50 YEARS

Fifty years ago, in 1955, psychoanalytic training became available in North Carolina through an affiliation with the Washington Psychoanalytic Institute and the dedication of the UNC Psychiatry Department under the leadership of Dr. George Ham and the Duke Psychiatry Department under the leadership of Dr. Ewald Busse. The original group of training analysts included Dr. Ham, Dr. David Young, Dr. Lucie Jessner, Dr. Milton Miller, Dr. John Rhoads and Dr. Bernard Bressler.

Forty years ago, the Board of Professional Standards of The American Psychoanalytic Association approved the UNC-Duke Psychoanalytic Educational Program (also known as the "Institute") to be the twentieth institute in the American Psychoanalytic Association provisionally in 1965 and fully in 1973. In the past forty years, 64 psychoanalysts have graduated from our program. Currently, a group of 12 training analysts and 20 other faculty members participate in training 32 candidates.

Twenty years ago, our institute reached out to our Southern neighbors to offer psychoanalytic training in collaboration with the University of South Carolina. In Columbia, SC, candidates work with Dr. Eugene Kaplan and Dr. Clyde Flanagan and connect for classes and supervision in North Carolina.

In 1986, Alan Stern, PhD, was the first non-medical graduate with full clinical training, coming to psychoanalysis from a career as a professor of political science through a waiver from the Committee on Research and Special Training of the American Psychoanalytic Association. Academic candidates from a variety of disciplines including literature, philosophy and religion have under-

taken studies through the Institute in order to enrich their application of psychoanalytic ideas in their scholarly work.

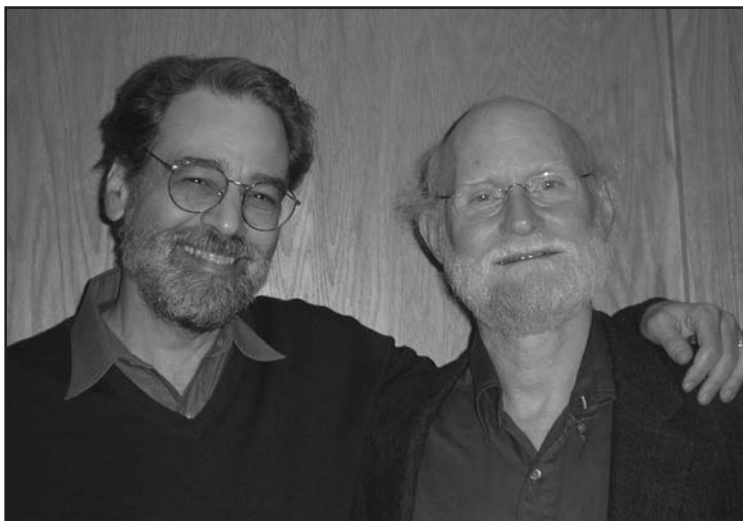
Until recent years, psychoanalytic education in the US was restricted to those with medical training. In response to a lawsuit filed in the 1980's, the American Psychoanalytic Association opened its doors to qualified mental health professionals from a variety of fields. The UNC-Duke program now accepts candidates with backgrounds in social work, psychology, pastoral counseling,

marriage and family counseling, as well as psychiatry. "The expansion of the pool of potential candidates has been essential to the theoretical and technical expansion of psychoanalysis in the US," said Dr. Stern.

Clinical training in psychoanalysis consists of a personal training analysis, four years of clinical and theoretical course work on Tuesday evenings in Chapel Hill, and the supervised treatment of at least three

patients in psychoanalysis. Heather Craige, MSW, a clinical social worker and graduate analyst, recalls: "My classmates and supervisors were first rate, but my training analysis was one of the best experiences of my life—transformative, creative and deeply healing."

Applications are being accepted now for the fall 2005 class and are available from Betty Evans at (919) 490-3212. Prospective applicants may call Ernest Braasch, MD at (919) 493-2217 or Roni Cohen, PhD at (919) 408-0134 with questions or to arrange an interview. For more information, visit www.unc-dukepsychoanalysis.org. As psychoanalytic training in NC marks its Golden Anniversary, we recognize all the dedication of the founding analysts, and current training analysts, supervisors and faculty who make this education possible.



Alan Stern, PhD, Past Director and Donald Rosenblitt, MD, Director of the UNC-Duke Psychoanalytic Education Program



“We support the North Carolina Psychoanalytic Foundation because psychoanalysis is an irreplaceable way to gain deep self knowledge, which is essential for healthy and full human existence.”

—James and Florence Peacock

psychoanalysis in the Carolinas

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THE LUCY DANIELS CENTER FOR EARLY CHILDHOOD RECEIVES SECOND MAJOR NATIONAL AWARD

The Lucy Daniels Center for Early Childhood has been awarded the 2005 Child and Family Community Service Award from the American Psychoanalytic Association. The award is designed to recognize those programs that utilize psychoanalytic principles to achieve a high level of excellence in the quality and extent of their service to children and families in their communities.

The Lucy Daniels Center is a non-profit agency that provides sliding scale or free services for all families seeking mental health assistance. Currently, the Center serves over 300 children each year. Children three through age six are served in the Center’s therapeutic nurseries known as the “Early Intervention Program.” Children birth through age five on Medicaid or without insurance are served in the Center’s home and community based services known as “SecurePath.” Children birth through age eleven are served through the outpatient services known as the “Family Guidance Service.”

In addition to their mental health services, the Center has offered workshops, teacher and other professional training to well over 10,000 participants over the past fourteen years. The Center’s impact has extended well beyond our region, through publications, national presentations, and its mentorship of many programs across the country. The award recognizes that the Center’s accomplishments have only tapped the surface of its potential to be a vibrant child study center contributing to our knowledge and understanding of young children.

Congratulations to the Lucy Daniels Center for Early Childhood. The children and families of the Triangle region are extremely fortunate to have this unique and specialized resource that has served our community for so long with such dedication and uncompromising excellence.

APPLY NOW FOR FALL 2005!

[The Psychoanalytic Psychotherapy Study Center of North Carolina](#) for Introductory and Advanced Courses For information, call (919) 667-9125 or visit www.ppscnc.com

[The UNC-Duke Psychoanalytic Education Program](#) Full Psychoanalytic Training Deadline March 1, 2005 For more information, call (919) 490-3212 or visit www.unc-dukepsychoanalysis.org

CME, CE for Psychologists and Continuing Education Credits for Social Workers

**PAUL M. BRINICH, PhD,
ADULT AND CHILD PSYCHOANALYST**



This past May, Paul M. Brinich, PhD, graduated from the UNC-Duke Psychoanalytic Education Program. He adds this to a list of other professional accomplishments—Ph.D. from University of Chicago Committee on Human Development, Medical Psychology Internship at San Francisco's

Langley-Porter Neuropsychiatric Institute, and post-graduate training in Child and Adolescent Psychoanalysis in London's Hampstead Child-Therapy Clinic, where he trained with Anna Freud. Dr. Brinich has published over 500 professional articles, many of them exploring the psychological issues associated with adoption, bereavement, divorce and physical illness.

Since moving to North Carolina in 1990, he has taught at the UNC-Duke Psychoanalytic Education Program, the PPSC, and at the Duke and UNC Departments of Psychiatry.

Active in many national and international organizations, he served as President (2002–2004) of the Association for Child Psychoanalysis.

Dr. Brinich welcomes children, adolescents, and adults to his private practice of psychoanalysis and psychodynamic psychotherapy in Chapel Hill.

**DAVID M. MOORE, PhD,
ADULT PSYCHOANALYST**



In 2004, David M. Moore, PhD graduated from the UNC-Duke Psychoanalytic Education Program. He distinguished himself by commuting seven hours between Virginia and classes/analysis in Chapel Hill. Dr. Moore credits a gifted training analyst, supportive supervisors, and excellent teachers for his accomplishment, as well

as his wife Laurie. Besides psychoanalysis, Dr. Moore has a wide range of interests that include philosophy, politics, theology, neuroscience, and the New York Yankees. His Virginia ancestor, John Coulter, was the youngest member of the Lewis and Clark Expedition, and did not mind long journeys either.

Dr. Moore sees adolescents, couples, and adults in his Chapel Hill private practice.

**SUSIE ORBACH, PhD, TO SPEAK
SATURDAY FEBRUARY 26, 2005**



**The Body in Psychotherapy
&
Change Your *Eating*, Change Your *Life***

The North Carolina Psychoanalytic Foundation is proud to present a 5 hour CE/CME program featuring psychoanalyst and writer, Susie Orbach, PhD, renowned expert on eating disorders and women's psychology and author of numerous books and articles including *Fat Is a Feminist Issue*, *Towards Emotional Literacy*, *Hunger Strike* and *On Eating*. The program will be held on Saturday, February 26, at the UNC Friday Center in Chapel Hill.

During the morning workshop for mental health professionals, Dr. Orbach will focus on *The Body in Psychotherapy*, highlighting the relational origins of bodily symptoms such as eating disorders and hatred of the body and discussing the uses of the therapist's bodily countertransference. During the afternoon session, open to the general public, Dr. Orbach will give the NCPF Fourth Annual Public Lecture on *Change Your Eating, Change Your Life: Transforming Your Emotional Relationship With Food*. This public lecture is for everyone who struggles with obesity or an eating disorder and the people and professionals who care for them.

Information is available on the web at: www.ncpsychoanalysis.org or by calling (919) 847-2323.

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